



ONE FERTILITY KITCHENER WATERLOO

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FERTILITY SERVICES PERSONAL HISTORY

Date:	Primary Contact Number:
Age:	
Height:	Secondary Contact Number:
Weight:	
Email Address:	Occupation
Referred By: Family Doctor Name:	Occupation: Send Updates to Family Doctor? Yes No
Family Doctor Phone Number:	Send opuates to Family Doctor: Tes 🗆 No 🗆
Family Doctor Address: Are you in a relationship currently? Yes No	How did you hear about ONE Fertility? ☐ Medical Provider ☐ Family/Friend ☐ Internet ☐ Other, Please Specify
If you are currently trying to conceive, how long have you been trying to become pregnant? Years:	What is the reason you have come to see us?
ii) Did you take Clomid with natura	? Yes No Clomid? Yes No erine inseminations (IUI)? Yes No
iv) What dosage of Clomid did you	take used?



v) How were your responses to the medication monitored? (Select all that apply)
Ultrasound □ Bloodwork □ Ovulation predictor kits □
vi) Did any pregnancies occur? Yes $\hfill\Box$ No $\hfill\Box$
b) Have you previously used injectable medications? (Gonal-F, Puregon, FSH, Repronex,
Metrodin) Yes □ No □
i) If yes, how many cycles did you take the medication?
ii) Did you take them with intrauterine inseminations (IUI)? Yes $\hfill\Box$ No $\hfill\Box$
iii) Did any pregnancies occur? Yes $\hfill\Box$ No $\hfill\Box$
c) Have you used donor sperm? Yes $\hfill\Box$ No $\hfill\Box$
i) How many cycles did you use donor sperm?
ii) Did any pregnancies occur? Yes □ No □
d) Have your previously done In-Vitro Fertilization (IVF)?
i) How many cycles of IVF did you do?
ii) Where did these cycles take place?
iii) Did it also involve intracytoplasmic sperm injections (ICSI)? Yes \hdots No \hdots
iv) Were there any complications? (Ex. Ovarian Hyper Stimulation Syndrome)
Yes □ No □ If yes, please specify:
v) Did any pregnancies occur? Yes □ No □
2) Are there any other treatments you have previously tried?
3) Have you had an x-ray dye test of your uterus (hysterosalpingogram-HSG): Yes □ No □
a) Where was the test done?
b) When was test done?
c) What were the results?
i) Tubes open? Yes □ No □



ii) Normal Uterus? Yes 🗆 No 🗆	
4) Have you had a Sonohysterogram? Yes □ No □	
a) Where was the test done?	
b) When was test done?	
c) What were the results?	
i) Tubes open? Yes □ No □	
ii) Normal Uterus? Yes □ No □	
5) Have you had any surgeries related to infertility investigations? Yes \hdots No \hdots	
a) Have you had a laparoscopy? Yes □ No □	
i) If yes, when and where was it done?	
ii) What did the test show?	
b) Have you ever had a hysteroscopy? Yes □ No □	
i) When and where was it done?	
ii) What did it show?	
SECTION TWO: MENSTRUAL HISTORY	
1) What was your age when your menstrual periods began?	
2) When was your last menstrual period (date of first day of last period)?	
3) What is the average number of days from the start of one period to the start of the next? –	
a) Have your menstrual periods always been like this? Yes \square No \square	
b) What is the longest time between periods in the last year?	
c) What is the shortest time between periods in the last year?	
d) Do you or have you ever required medication to bring on a period? Yes \square $\:$ No \square	
If yes, please specify:	
4) What is the flow of your periods? Light \square Moderate \square Heavy \square	
5) Are your periods painful? Yes □ No □	
a) What medications do you take for the pain?	
b) Do your menstrual periods keep you from going to work or school? Yes □ No □	



c) How many days of your period does the pain last?
SECTION THREE: SEXUAL HISTORY
1) Are you currently sexually active? Yes \hdots No \hdots
If yes, how many times per week do you have intercourse?
2) How many partners do you have?
3) Is intercourse painful? Yes \hdots No \hdots
a) Does the pain ever make you stop during intercourse? Yes $\hfill\Box$ No $\hfill\Box$
4) Do you use lubricants/foams with intercourse? Yes \hdots No \hdots
If yes, please specify:
5) Have you ever been forced to have intercourse without your consent? Yes \hdots No \hdots
SECTION FOUR: GYNAECOLOGIC HISTORY
1) Do you experience fluid, discharge, or leaking from your breast? Yes \hdots No \hdots
If yes, please specify:
a) When did this begin?
b) When does this occur?
c) What does it look like?
2) Please indicate if you have hair growth in the following areas (select all that apply):
Lip □ Chin □ Sideburns □ Neck □ Chest Lower □ Abdomen □ Inner Thighs □ Buttocks □ Back □
a) How do you treat it? Shaving \Box Plucking \Box Waxing \Box Medication \Box Other \Box
If other, please specify:
3) Do you have problems with acne? Yes \hdots No \hdots
a) Please indicate where:
4) Have you previously used birth control? Yes □ No □

a) Please indicate which form of birth control you have used (select all that apply):



Birth Control Pill IUD Other
If other, please specify:
b) How long did you use birth control for?
c) When did you stop using birth control?
5) Do you have a history of endometriosis? Yes \square No \square
6) Do you have a history of Pelvic Inflammatory Disease? Yes \Box No \Box
7) Pap smears:
a) When was your last Pap smear?
b) What was the result?
c) Have you ever had an abnormal Pap smear result? Yes \hdots No \hdots
i) When?
ii) Did you receive any treatment? Yes \hdots No \hdots
If yes, please specify
d) Have you had normal pap smears since then? Yes \hdots No \hdots
8) Do you have a history of sexually transmitted diseases? (Select all that apply)
Herpes □ Gonorrhea □ Chlamydia □ other □ If other, please specify:
a) Were you treated? Yes No If yes, please specify:
b) Was your partner treated? Yes No If yes, please specify:



SECTION FIVE: PREGNANCY HISTORY

	Year	Current Partner?	Time taken to become pregnant	Miscarriage/ Therapeutic Abortion	Ectopic- Treatment (surgical or medical)	Weeks of Pregnancy	Live Births
1							
2							
3							
4					_		
5							

If yes, please specify:	
Were there any difficulties becoming pregnant with any of these pregnancies? Yes $\ \square$ No $\ \square$	1

SECTION SIX: MEDICAL HISTORY

1) Do you have any history of the following medical illnesses or diseases?

Illness or Disease	Not applicable	Admission to Hospital (Yes or No)	Medications	Treatments
Diabetes				
Thyroid Disease				
Asthma				
Heart Disease or Murmur				
Cancer				
Epilepsy				



Illness or Disease	Not applicable	Admission to Hospital (Yes or No)	Medications	Treatments
Blood Clots-Veins or Lungs				
Other				

2) Have you ever been diagnosed with a mental illness? Yes $\hfill\square$
a) If yes, please specify:
b) Have you ever been diagnosed with depression? Yes \hdots No \hdots
3) What prescription(s) do you take regularly?
4) Do you take a folic acid or a prenatal vitamin? Yes \Box No \Box
If yes please specify:
5) What medications do you take occasionally?
6) Do you take any herbal or natural products? Yes □ No □
If yes, please specify:
7) Do you have any allergies to medications? Yes □ No □
If yes, please specify:
a) What happens when you take this medication?
b) Do you have an allergy to latex? Yes □ No □
c) Do you have any other allergies? Yes \hdots No \hdots
If yes, please specify:



8) Do you currently smoke? Yes \square No \square						
If yes, how many cigarettes/packs per day?						
a) I	a) Have you ever smoked? Yes □ No □					
	i) When did you qui	t?				
9) Do you	drink alcohol? Yes □ No) [
If y	es, how many drinks pe	r week?				
10) Do you	ı take any street drugs?	Yes □ No □				
If y	es, please specify:					
a) I	How often do you use? _					
11) Have y	ou been vaccinated for	Hepatitis B in the past? Yes	□ No □			
If y	es, when were you vacc	inated?				
	SECTIO	ON SEVEN: SURGICAL HI	STORY			
1) Have yo	ou ever had any problem	s with anesthesia? Yes N	0 🗆			
If yes, plea	se specify:					
2) Please list any surgeries you have had:						
Which physician						
Year	Type of Surgery	performed the surgery?	What were the findings?			



SECTION EIGHT: SOCIAL HISTORY

1) Is there a family history of any of the following?

	Yes	No	Who	Please Provide Details
	100			
Breast Cancer				
Ovarian Cancer				
Bowel Cancer				
Other Cancers				
Endometriosis				
Stillbirths				



Neural Tube Defect		
Intellectual Disability		
Childhood Death		
Recurrent Pregnancy Loss		
Genetic (chromosome) Abnormalities		
Thyroid Disease		
Blood Clots-Veins or Lungs		
Any others-please specify		

2) What is your family's origin/ethnic backgroun	ıd?	