



ONE FERTILITY KITCHENER WATERLOO

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FERTILITY SERVICES PERSONAL HISTORY

Date:	Primary Contact Number:
Age:	
Height:	Secondary Contact Number:
Weight:	
Email Address:	
Referred By:	Occupation:
Family Doctor Name:	Send Updates to Family Doctor? Yes □ No □
Family Doctor Phone Number:	
Family Doctor Address:	How did you hear about ONE Fertility? □ Medical Provider □ Family/Friend □ Internet
Are you in a relationship currently? Yes □ No □	□ Other, Please Specify ————————————————————————————————————
If you are currently trying to conceive, how long have you been trying to become pregnant? Years:	What is the reason you have come to see us?
SECTION ONE: PREVIOUS INFERTILITY I 1) Have you had any previous fertility treatments? Yes	
a) Have you ever had any treatment with Clon	nid? Yes □ No □
i) Did you take Clomid with intrauterin	ne inseminations (IUI)? Yes No
ii) Did you take Clomid with natural in	tercourse? Yes □ No □
iii) How many months did you take Clo	omid for?
iv) What dosage of Clomid did you tak	e used?
v) How were your responses to the me Ultrasound Bloodwork Ovulation	edication monitored? (Select all that apply) on predictor kits $\hfill\Box$
vi) Did any pregnancies occur? Yes □	No □



b) Have you previously used any of the following Follicle Stimulating Hormones with treatm Gonal-F, Puregon, FSH, Repronex, Metrodin Yes \Box No \Box	ent?
i) If yes, how many cycles did you take the medication?	
ii) Did you take them with intrauterine inseminations (IUI)? Yes $\hfill\Box$ No $\hfill\Box$	
iii) Did any pregnancies occur? Yes □ No □	
c) Have you used donor sperm? Yes \hdots No \hdots	
i) How many cycles did you use donor sperm?	
ii) Did any pregnancies occur? Yes □ No □	
d) Have your previously done In-Vitro Fertilization (IVF)? Yes \Box No \Box	
i) How many cycles of IVF did you do?	
ii) Where did these cycles take place?	
iii) Did it also involve intracytoplasmic sperm injections (ICSI)? Yes \hdots No \hdots	
iv) Were there any complications? (Ex. Ovarian Hyper Stimulation Syndrome)	
Yes □ No □ If yes, please specify:	
v) Did any pregnancies occur? Yes □ No □	
2) Are there any other treatments you have previously tried?	
3) Have you had an x-ray dye test of your uterus (hysterosalpingogram-HSG): Yes □ No □	
a) Where was the test done?	
b) When was test done?	
c) What were the results?	
i) Tubes open? Yes □ No □	
ii) Normal Uterus? Yes □ No □	
4) Have you had a sonohysterogram done? Yes □ No □	
a) Where was the test done?	



b)	When was test done?
c)	What were the results?
	i) Tubes open? Yes □ No □
	ii) Normal Exam? Yes □ No □
	SECTION TWO: MENSTRUAL HISTORY
1) What v	was your age when your menstrual periods began?
2) When	was your last menstrual period (date of first day of last period)?
3) What i	s the average number of days from the start of one period to the start of the next?
a)	Have your menstrual periods always been like this? Yes □ No □
b)	What is the longest time between periods in the last year?
c)	What is the shortest time between periods in the last year?
d)	Do you or have you ever required medication to bring on a period? Yes □ No □
If	yes, please specify:
4) What i	s the flow of your periods? Light \square Moderate \square Heavy \square
5) Are yo	ur periods painful? Yes □ No □
a)	What medications do you take for the pain?
b)	Do your menstrual periods keep you from going to work or school? Yes \square No \square
c)	How many days of your period does the pain last?
	SECTION THREE: SEXUAL HISTORY
1) Are yo	u currently sexually active? Yes □ No □
If yes, ho	w many times per week do you have intercourse?
2) How m	nany partners do you have?
3) Is inter	course painful? Yes No
a)	Does the pain ever make you stop during intercourse? Yes $\hfill\square$
4) Do you	use lubricants/foams with intercourse? Yes No
If	yes, please specify:
5) Have y	ou ever been forced to have intercourse without your consent? Yes \Box No \Box



SECTION FOUR: GYNECOLOGIC HISTORY

1) Do you experience fluid, discharge, or leaking from your breast? Yes □ No □
If yes, please specify:
a) When did this begin?
b) When does this occur?
c) What does it look like?
2) Please indicate if you have hair growth in the following areas (select all that apply):
Lip □ Chin □ Sideburns □ Neck □ Chest Lower □ Abdomen □ Inner Thighs □ Buttocks □ Back □
a) How do you treat it? Shaving <a>□ Plucking <a>□ Medication <a>□ Other <a>□ Other <a>□
3) Do you have problems with acne? Yes □ No □
a) Please indicate where:
4) Have you previously used birth control? Yes \square No \square
a) Please indicate which form of birth control you have used (select all that apply):
Birth Control Pill □ IUD □ Other □
If other, please specify:
b) How long did you use birth control for?
c) When did you stop using birth control?
5) Do you have a history of endometriosis? Yes \hdots No \hdots
6) Pap smears:
a) When was your last Pap smear?
b) What was the result?
c) Have you ever had an abnormal Pap smear result? Yes $\hfill\Box$ No $\hfill\Box$
i) When?
ii) Did you receive any treatment? Yes \square No \square
If yes, please specify
d) Have you had normal pap smears since then? Yes \square No \square
7) Do you have a history of Pelvic Inflammatory Disease? Yes \Box No \Box
8) Do you have a history of sexually transmitted diseases? (Select all that apply)
Herpes □ Gonorrhea □ Chlamydia □ other □ If other, please specify:
a) Were you treated? Yes □ No □
If yes, please specify:



b) If you had a partner at the time, was your partner treated? Yes \square No \square N/A \square	
If yes, please specify:	

SECTION FIVE: PREGNANCY HISTORY

	Year	Current Partner?	Time taken to become pregnant	Miscarriage/ Therapeutic Abortion	Ectopic- Treatment (surgical or medical)	Weeks of Pregnancy	Live Births
1							
2							
3							
4							
5							

Were there any difficulties becoming pregnant with any of these pregnancies? Yes \square No \square
If yes, please specify:

SECTION SIX: MEDICAL HISTORY

1) Do you have any history of the following medical illnesses or diseases?

Illness or Disease	Not applicable	Admission to Hospital (Yes or No)	Medications	Treatments
Diabetes				
Thyroid Disease				
Asthma				
Cancer				
Epilepsy				
Other				



2) Have you ever been diagnosed with a mental illness? Yes No
a) If yes, please specify:
b) Have you ever been diagnosed with depression? Yes \hdots No \hdots
3) What prescription(s) do you take regularly?
4) Do you take a folic acid or a prenatal vitamin? Yes □ No □
If yes please specify:
5) What medications do you take occasionally?
6) Do you take any herbal or natural products? Yes □ No □
If yes, please specify:
7) Do you have an allergy to latex? Yes □ No □
8) Do you have any allergies to medications? Yes \hdots No \hdots
If yes, please specify:
a) What happens when you take these medications?
9) Do you have any other allergies? Yes No
If yes, please specify:
10) Do you currently smoke? Yes No
If yes, how many cigarettes/packs per day?
Have you ever smoked? Yes □ No □
If yes, when did you quit?
11) Do you drink alcohol? Yes □ No □
If yes, how many drinks per week?
12) Do vou take any street drugs? Yes □ No □



If yes, please specify:						
a) I	a) How often do you use?					
13) Have you been vaccinated for Hepatitis B in the past? Yes □ No □						
If y	es, when were you vacc	inated?				
	SECTIO	ON SEVEN: SURGICAL HI	STORY			
1) Have yo	ou ever had any problem	s with anesthesia? Yes N	0 🗆			
If yes, plea	ase specify:					
2) Please l	ist any surgeries you hav	ve had:				
		Which physician				
Year	Type of Surgery	performed the surgery?	What were the findings?			
	SECT	ION EIGHT: SOCIAL HIST	ORY			
1) Are you	currently in a relationsh	nip? Yes 🗆 No 🗆				
a) I	Number of years in curre	ent relationship?				
2) What is	your occupation?					
a) <i>i</i>	Are you exposed to hard	chemicals in your job? Yes	□ No □			
If yes, please specify:						
b) '	What type of exposure (skin, breathing, etc.)				
c) [Does your job involve he	avy lifting? Yes □ No □				
	If yes, please specif	y:				
3) Where do you live? Urban □ Rural □						
4) What is your source of drinking water?						



SECTION NINE: FAMILY HISTORY

1) Is there a family history of any of the following?

	Yes	No	Relationship	Please Provide Details
Breast Cancer				
Ovarian Cancer				
Bowel Cancer				
Other Cancers				
Endometriosis				
Stillbirths				
Neural Tube Defect				
Intellectual Disabilities				
Childhood Death				
Recurrent Pregnancy Loss				
Genetic (chromosome) Abnormalities				
Others - Please specify				
2) What is your family's o				

2) What is your family's origin	n/ethnic background?	